



2022/2023

	TERM 1		TERM 2		TERM 3	
Nursery						
Reception	Introduction to PE : Unit 1 Fundamentals : Unit 1 OAA	Introduction to PE : Unit 2 Fundamentals : Unit 2 OAA	Gymnastics: Unit 1 Games : Unit 1 OAA	Gymnastics : Unit 2 Dance : Unit 1 OAA	Ball Skills : Unit 1 Dance : Unit 2 OAA	Ball Skills : Unit 2 Games : Unit 2 OAA
Year 1	Fundamentals Team Building	Dance Invasion	Fitness Ball Skills Curling	Yoga Sending and Receiving	Gymnastics Striking and Fielding OAA	Target Games Athletics Lacrosse
Year 2	Fundamentals Ball Skills	Fitness Invasion Curling	Dance Team Building	Yoga Net and Wall	Striking and Fielding Sending and Receiving OAA	Target Games Athletics Lacrosse
Year 3	Dance Fundamentals Y3/4 +	Gymnastics Hockey +	Ball Skills Y3/4 Netball +	Fitness Tag Rugby OAA +	Rounders Handball +	Athletics Tennis Golf +
Year 4	Dance Fundamentals Y3/4 +	Dodgeball Football +	Swimming Basketball +	Swimming Gymnastics OAA +	Badminton Y5/6 Handball +	Athletics Rounders +
Year 5	Dodgeball Football +	Dance Hockey +	Fitness Basketball +	Dance Tag Rugby +	Cricket Lacrosse +	Athletics Rounders OAA +
Year 6	Fitness Basketball Bikeability +	Dodgeball Football +	Dance Netball +	Gymnastics Tag Rugby +	Cricket Lacrosse +	Athletics Tennis Swimming OAA +