St Andrew's News

Dates For Your Diary

- 28th Sept – Y5 Trip: Kentwell Hall
- 28th – 29th Sept – Y6 Birch Hall Residential
- 2nd Oct – Parent Phonics Workshop – EYFS and Y1 parents – 3:20pm – 3:45pm
- 6th Oct – Y2 Trip: Layer Marney Tower (TBC)
- 9th Oct – NON-PUPIL DAY
- 13th Oct – Parents' Evening (3:30-6:30pm)
- 14th Oct – Parent's Evening (3:30 -5:30pm)

- 19th -30th Oct – AUTUMN HALF TERM

- 4th Nov – Individual School Photos
- 13th Nov – Children in Need – details TBC
- 20th Nov – Y4 Multiplication Check Parent Workshop: 3:20pm – 3:45pm
- 7th Dec – KS1 Nativity – 2:00pm
- 8th Dec – KS1 Nativity –9:30am
- 15th Dec – KS2 Carol Concert – 2:00pm
- 16th Dec – Christmas Dinner and Jumper Day
- 18th Dec – Last Day of Autumn Term

- 21st Dec – 4th Jan – CHRISTMAS HOLIDAYS

- 5th Jan – Spring Term begins

Let all that you do be done in Love

A special thank you to all the children from our cleaners. Since coming back in September, they have noticed how beautifully clean and tidy everything has been left which has made their jobs much easier. They feel very respected and valued. Well done St Andrew's Team!

NEW: Sandpit and Mud Kitchen

We now have a sandpit and a mud kitchen, which the children are loving. Thank you so much for all your kind donations of toys to add to these play zones. Playtime is so much more fun for all the children already, but we have many other exciting additions coming to play time soon ...

The Den and our Nurture Team

Our new Nurture Provision is thriving! We are thrilled to have a Pastoral lead (Mrs Brown), a new Learning Mentor (Miss Devlin), and a trained ELSA (Miss Buisson). Together, they are providing excellent support to any child who needs a little extra TLC or support.

Thank you

We would like to send a big thank you to Farm Foods who have sent us a voucher to support cooking in The Den. This will help us to be able to deliver key life skills lessons too.

farmfoods

Lunch Menu

Meals must be booked at least 12 hours in advance to guarantee availability. NOURISH our school meal provider, prepares meals based on daily pre-booked orders, we are unable to guarantee meals for bookings made after this deadline.

Our Safeguarding Team

If you have any concerns about a child or need support yourself, you can reach out to our safeguarding team.

- **Miss Robertson** – Designated Safeguarding Lead
- **Miss Percival** – Deputy Designated Safeguarding Lead
- **Mr Wainford** –Deputy Designated Safeguarding Lead
- **Mrs Emrich** - Deputy - Designated Safeguarding Lead

ST ANDREW'S
C OF E PRIMARY SCHOOL

Student Leaders

Head Boy and Head Girl

We are so proud to announce our Head Boy and Head Girl and their deputies. They had to write a letter of application to Miss Robertson and Mrs Emrich. They will meet regularly with the adult leadership team to share ideas and be a voice for their peers.

Congratulations to:
Gracie W (Head Girl)
Micky A (Head Boy)
Keiley B (Deputy Head Girl)

Prefects

We also have some Prefects who wrote letters of application for Head Girl and Boy who will also be role models to all and involved in pupil leadership.

Congratulations to:
Celeste D
Esme H
Elsbeth C

There are still some spaces for prefects so if there are children in Year 5 or Year 6 who believe they would be a brilliant role model and would like to be on the student leadership team; they need to write a letter of application to Miss Robertson and Mrs Emrich.

Worship Leaders

Worship leaders will work all staff to assist in leading worship, organising and supporting special events and suggesting ways to make worship an even more special part of the day.

Congratulations to:
Finn P
Ruby W
Margaret M
Zachary H
Chloe H
Edie B
Olivia W
Paisleigh C
Florrie M

This week in worship, the children have talked about 'Counting their Blessings'. I wonder how many blessings the children can tell you about at home?

There will be some more pupil leadership opportunities released soon including Junior Librarians, House Captains and Sports Leaders so keep your eyes peeled children!

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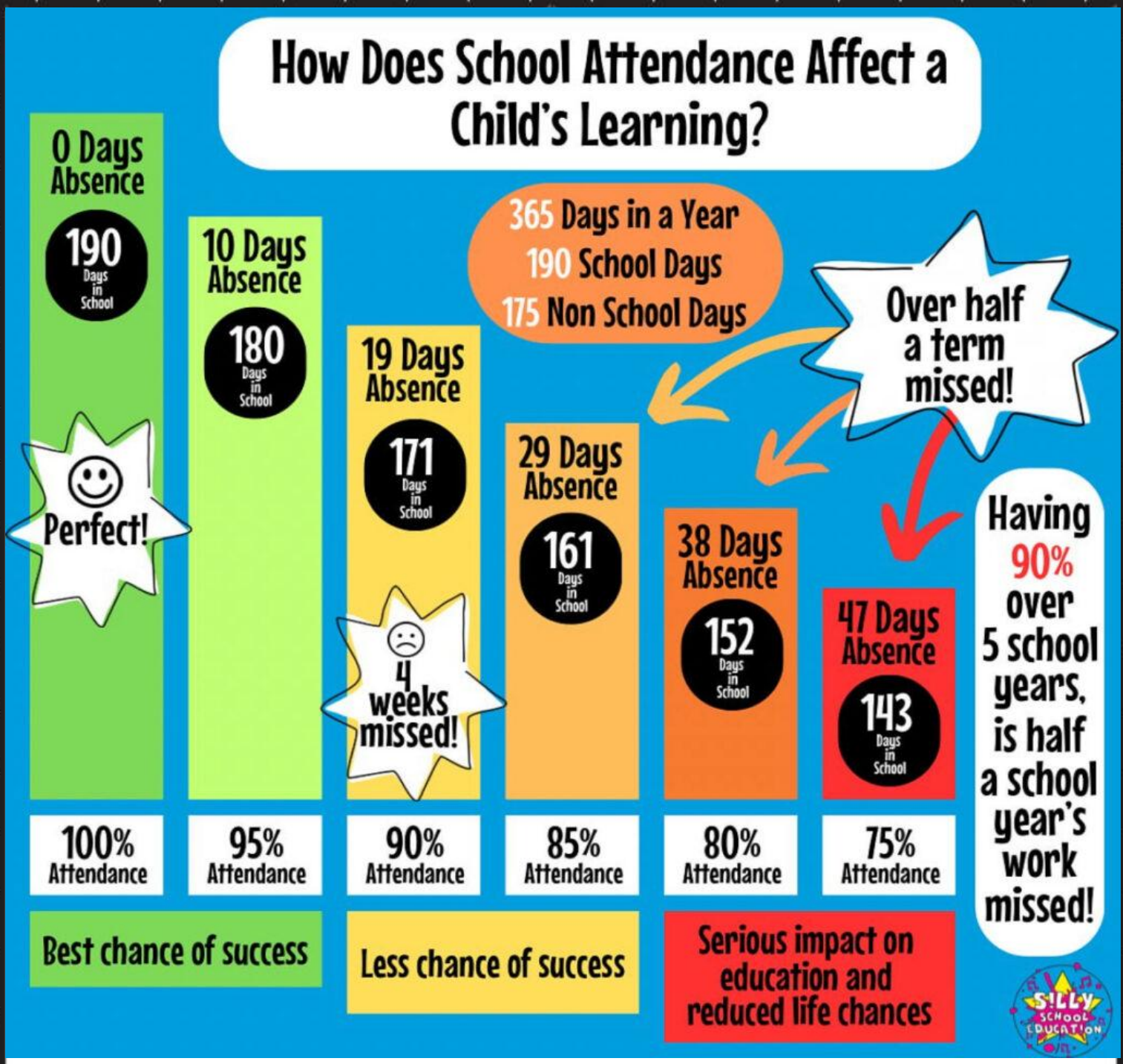

Attendance this week:

KS1
Hedgehogs: 87.9%
Rabbits: 93.6%
Squirrels: 84.5%

KS2
Foxes: 97.5%
Badgers: 94.3%
Owls: 95.6%
Stags: 94.7%

Whole school: 93%

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

On messaging apps, social media and online games, group chats are one of the most popular ways that children connect. Group chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

TEASING AND BULLYING

Children of all ages are keen to fit in socially, and group chats can sometimes complicate that process. While group chats can foster connection, they can also give way to mean comments or jokes at someone's expense, especially when others join in for laughs. When bullying happens publicly, in front of friends and classmates, it can intensify the emotional impact – adding to embarrassment, anxiety and feelings of isolation for the child being targeted.

UNKNOWN MEMBERS

Children often can't control who is added to a group, which can lead to privacy concerns. Sharing personal details in group chats can be dangerous, and children have no control over what others do with the material they send. Some members of the chat might even decide to use such information maliciously.

PEER PRESSURE

Children may feel they have to constantly stay engaged just to be included and keep up with the conversation. In some cases, they might partake in inappropriate behaviours – like sharing explicit photos, jokes or teasing – just to fit in. Group settings can also encourage children to act in ways they normally wouldn't, or stay silent when they know something is wrong, out of fear of being excluded. Some children may find it difficult to leave toxic group chats.

INAPPROPRIATE CONTENT

Some group chats may include inappropriate language or imagery. Even if a child isn't actively participating in the conversation, they may still be exposed to this content simply by being part of the group. Some apps have disappearing messaging features, where content is only available once or for a few seconds, which makes it harder for children to report something they've seen.

EXCLUSION AND ISOLATION

Exclusion in group chats is common and can take several forms. Sometimes a new group is created specifically to leave one child out on purpose. In other cases, the chat may happen on an app that a child doesn't have access to, making it impossible for them to join in. This can cause feelings of being left out – even unintentionally.

VIDEO AND LIVE CHATS

Many popular apps allow children to engage in live streaming with interactive chats or have group video chats. Anyone can be added to these streams, and often children tag peers in the comments and have conversations which are unmoderated. There's a risk of being exposed to inappropriate or violent content and offensive language, either in the group videos or via the group chats.

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

Group chats can become an arena for children to compete for social status. Help children consider how people might feel if they behave unkindly. If a child does upset someone, encourage them to reach out, show empathy and apologise for their mistake.

SET SOME GROUP CHAT RULES

Discuss safe group chat practices, such as asking a peer for consent before adding them to a group chat, or leaving a group chat if a stranger is added. Tell children that if they're added to a group they didn't agree to beforehand, it's OK for them to leave immediately.

BLOCK, REPORT AND LEAVE

If a child encounters inappropriate content or feels uncomfortable in a group chat, encourage them to block and report the sender and leave the group. Make sure children know it's OK to leave a group chat if they feel uncomfortable or unsafe.

SUPPORT, NOT JUDGEMENT

Group chats are an excellent way for children to connect and feel like they belong. However, remind them that they can confide in you if they feel bullied or excluded, instead of responding to the person who's upset them. Validate their feelings and empower them by discussing how they'd like to handle the situation. You can also encourage children to speak up if they witness others being bullied.

PRACTISE SAFE SHARING

It's vital for children to be aware of what they're sharing and who might potentially see it. Ensure they understand the importance of not revealing personal details – like their address, their school, or photos they wouldn't like to be seen widely. Remind them that once something is shared in a group, they can't be certain where it might end up or how it might be used.

SILENCE NOTIFICATIONS

Being bombarded with notifications from a group chat can be an irritating distraction – especially if it's happening late in the evening. Explain to children that they can still be part of a group chat while disabling notifications. In fact, it would be healthier for them to do so, helping them avoid the pressure to respond immediately.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed anti-bullying and cyber-safety workshops and policies for schools in Australia and the UK. She has written various academic papers and carried out research for the Australian government, comparing the internet use and online behaviours of young people in the UK, USA and Australia.

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